Management of pregnancy after Obstetric Anal Sphincter Injuries (OASIS) protocol

OASIS

Antenatal referral to Perineal clinic

Anorectal manometry + Endoanal Ultrasound (USS)

Symptomatic

Conservative management
1. Dietary advice
2. Regulate bowel action
3. Constipation agents
   - Codeine phosphate
   - Loperamide
4. Pelvic floor exercise
5. Biofeedback

Asymptomatic

Normal
- Anal manometry
- Endoanal USS

Vaginal Delivery

Abnormal
- Incremental MSP <20mmHg
  AND
- EAS defect >1hr

Caesarean section

MSP: Maximum squeeze pressure
EAS: External Anal Sphincter